



# Merton COVID-19 Mutual Aid Group

- Providing supplies to those in need during the coronavirus pandemic
- Reducing social isolation and loneliness

## DO YOU NEED HELP OR SUPPORT?

[mertonmutualaid.co.uk](https://mertonmutualaid.co.uk)



Facebook group:  
[tiny.cc/6u9blz](https://tiny.cc/6u9blz)

## What we can help you with:



Delivering supplies



Delivering mail



Friendly chat by phone

We are also happy to try and accommodate other requests you might have.

## DO YOU WANT TO VOLUNTEER?

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## Ways in which you could help:

- arranging for delivery of postcards
- picking up shopping for people
- posting mail for people
- speaking with people on the phone
- delivering urgent supplies to people
- offering administrative support
- printing leaflets

You can request extra support by requesting the details of the ward coordinator

Our aim is to support you safely:

- Please follow health guidelines
- Don't give out sensitive personal or financial information
- Feel free to ask volunteers for ID to confirm identity